

# **September 2016 Journal Topics**

## **Theme: Making New Friends**

1. Describe what kindness looks and sounds like.
2. Write about a random act of kindness someone did for you.
3. Write about a random act of kindness someone said to you.
4. Write about a random act of kindness you did for someone.
5. Write about a random act of kindness you said to someone.
6. List the qualities that make you a good friend.
7. Write about your best friend.
8. Write about your best friend from elementary school.
9. How can you strengthen your friendships?
10. How can you expand your circle of friendships?
11. What qualities make someone a perfect friend for you?
12. What are the major differences between you and your best friend?
13. Tell about a time your friend made a different choice from you.
14. Describe a time you ended a friendship.
15. Describe a friendship you have outgrown.
16. How do you show your friends that you care for them?
17. Would you let others choose friends for you? Why or why not?
18. Describe how you can make connections with new people.
19. How can you make sure all of your friends connect?
20. Describe a time when you didn't connect with someone new.
21. How do you work on strengthening your connections?
22. Describe a person with whom you'd like to connect.
23. What does community mean to you?
24. What makes one community stronger than another?
25. Which community is your favorite to be a part of?
26. How do you celebrate your friendships?
27. How do you celebrate your communities?
28. Describe a non-school based community you enjoy.
29. Describe another community you're a part of.
30. How can you build community within your school groups?

